

Opioids Across The Lifespan: Transitional Aged youth

Resources for practitioners

Principles for working with transitional aged youth in counselling or medical settings:

- Ten tasks of adolescent development (MIT Work life center)
<http://hrweb.mit.edu/worklife/raising-teens/ten-tasks.html>
- Five basics of parenting adolescents (MIT Work life center)
<http://hrweb.mit.edu/worklife/raising-teens/five-basics.html>
- Engaging Youth Who Use Substances eLearn module
<http://rnao.ca/bpg/courses/engaging-youth-who-use-substances>
- Healthy Adolescence Guideline
http://rnao.ca/sites/rnao.ca/files/Enhancing_Healthy_Adolescent_Development.pdf
- TED talk on Adverse Childhood Experiences
http://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en
- Youth and Opioids: What Parents Need to Know
<http://www.parentinginottawa.ca/en/youth/youth-and-opioids---what-parents-need-to-know.aspx>
- Ottawa Public Health resource on opioids, overdose response/prevention, and resources for clients, families, practitioners and the community
www.stopoverdoseottawa.ca
- Canadian Centre on Substance Use and Addiction (CCSA) Care Pathway for Youth Experiencing Prescription Drug Harms
<http://www.cclt.ca/Eng/topics/Treatment-and-Supports/care-pathways/Pages/default.aspx>
- Pathways to care for youth with concurrent mental health and substance use disorders
http://www.excellenceforchildandyoung.ca/sites/default/files/resource/policy_concurrent_sa_and_mh_disorders.pdf

- Best Practices in Treating Youth with Substance Use Problems:
http://www.addictionsandmentalhealthontario.ca/uploads/1/8/6/3/18638346/best_practices_in_treating_youth_with_substance_use_problems_workbook.pdf

Resources for youth

Where to access a free Naloxone kit:

<https://www.ontario.ca/page/where-get-free-naloxone-kit>

Referral services:

- Ottawa Addictions Access and Referral Services (OAARS)
613-241-5202;
<http://www.saato.ca/en/>
- Metro Addiction Assessment Referral Service (MAARS) at CAMH:
416 599-1448
http://www.camh.ca/en/hospital/care_program_and_services/addiction_programs/Pages/guide_maars_clinic.aspx

Drug/Alcohol Registry of Treatment:

- Drug and Alcohol help line
<http://www.drugandalcoholhelpline.ca> 1-800-565-8603

Withdrawal Management:

- Toronto Withdrawal Management Services System
18 + only- gap in service (under 18, may be able to access psych resources in hospitals)
Central Access (18 +) GTA 416-864-5040
- Ottawa Withdrawal Management Centre (16+)
1777 Montreal Road., 613-241-1525; <http://www.cgso.ca/en/>
- The Royal Ottawa Mental Health Centre; Substance Use and Concurrent Disorders Program: 613-722-6521 ext.6158

Day Treatment Programs:

- Breakaway/George Hull Clear Directions 416-234-1942
- East Metro Youth Services (Scarborough) 416-438-3697 ext. 502
- Hospital for Sick Children 416-813-5097
- Centre for Addiction and Mental Health 416-535-8501 ext. 31730

- Ray of Hope - Day Treatment Program Kitchener 519-743-2311 ext. 216
- The Royal Ottawa Mental Health Centre; Substance Use and Concurrent Disorders Program: 613-722-6521 ext.6158
- Maison Fraternité / Fraternity House - Centre de traitement mixte pour les adolescents et leur famille Vanier 613-562-1415
- Algoma Family Services Sault Ste Marie 705-945-5050

Residential Treatment Centres for Youth:

- Sister Margaret Smith Centre- Thunder Bay
- Dave Smith Centre- Ottawa
- Pine River Centre- Toronto
- Camilus Centre Elliott Lake (17 – 24)
- Portage Elora
- New Port Centre, Port Colborne (female, male, 16+)
- East Metro Youth Services – Scarborough (12-18)
- Pine River Institute (Private) Shelburne
- Hope Place Centres - Halton Recovery House (male 18+)Milton (women 18+)
- Empathy House of Recovery, Ottawa (female, 18+)
- Alcontrol (female 18 +) Kitchener
- Vesta Recovery Program for Women, Ottawa (female, 18+)
- Monarch Recovery, Sudbury (female, 16+)
- Jean Tweed Treatment Centre, Etobicoke (female 18 +)
- Dilico Alcohol and Drug Treatment Centre - Thunder Bay (female 18 +)
- Street Haven at the Crossroads - Grant House (female,18+, some corrections beds)
- Salvation Army Homestead - Toronto (female 18+)
- Pinewood Centre, Whitby- Women's Residential Treatment Program (female 16+)
- House of Sophrosyne - Windsor (female 16+, trauma dedicated beds, pregnant dedicated beds)
- Street Haven at the Crossroads - Grant House (female,18+, some corrections beds)
- Salvation Army Homestead - Toronto (female 18+)
- Stonehenge Therapeutic Community - Women's Residential (18 +) Guelph
- Womankind Addiction Service, Hamilton (16+)
- Salvation Army Anchorage, Ottawa (male 18+)
- Quintin Warner House – (men 18+)London
- Newgate 180 - Men's Centre (men 18+)
- Seven South Street Treatment Centre, Orillia (male 19 +)
- Sobriety House, Ottawa (17+)
- Sagashtawao Healing Lodge, Moosonee (Aboriginal 18+)
- Salvation Army Hope Acres Rehabilitation Centre , Mulmur (male 17+)

- KiiKeeWanNiiKaan - Southwest Regional Healing Lodge (18 +)
- Reverend Tommy Beardy Memorial Wee Che He Wayo-Gamik, Family Treatment Centre, Muskrat Dam (Aboriginal, all ages)
- Weechi-it-te-win Training and Learning Centre, Fort Frances
- North Bay Regional Health Centre - North Bay(16 +)
- Serenity House, Ottawa, (19 +)
- Bellwood Health Services, Toronto (private, 19+)
- Holmes House, Simcoe (16 +)
- Westover Treatment Centre - Thamesville (16+)
- Ka-Na-Chi-Hih Specialized Solvent Abuse Treatment Centre, Thunder Bay (Aboriginal males, 16–25)
- Maison Decision House (Bilingual, male, 18+)
- Ray of Hope - Youth Addiction Services (male) Kitchener
- Nimkee NupiGawagan Healing Centre, Muncey
- Maison Arc-En-Ciel Centre de Rehabilitation du Nord de l'Ontario Inc. , Opatatika
- Jubilee Centre, Timmins (16+)
- Salvation Army Harbour Light Centre, Toronto (18+)
- Homewood Addiction and Mental Health Division (19 + private and limited public)
- Native Horizons Treatment Centre- Hagersville (18 +)
- Wayside House of Hamilton (male 18+)
- Maison Renaissance (Francophone, 16+)
- Migisi Alcohol and Drug Treatment Centre (19+) Kenora
- Renascent, Graham Munro Centre, Toronto (female 16+) Punanai (male 16+) P.J. Sullivan Centre , Whitby (male 16+)
- Caritas Project - Community Against Drugs - King City (male 16 +)
- Salvation Army Kingston Harbour Light (men 18+)
- Centre for Addiction and Mental Health (CAMH) - Toronto - White Squirrel Way (Aboriginal, Rainbow LGBT program, concurrent adult, concurrent youth (14 – 18))
- St. Michael's Houses (male 19+)
- Maison Fraternité / Fraternity House - Centre de traitement mixte pour adultes, Vanier (Francophone male, 16+)
- 174 King Street North Treatment Program, Waterloo (male 21+)
- Ngwaagan Gamig Recovery Centre (Rainbow Lodge) Manitoulin(18+)
- Brentwood Recovery Home, Windsor (16+)
- Caritas School of Life – Vaughan (male, 16+)
- The Royal Ottawa Mental Health Centre; Substance Use and Concurrent Disorders Program: 613-722-6521 ext.6158

Outpatient Substance Use Services for Youth:

- North York/Branson Transitional Aged Program (16-24) 416-633-9420 ext. 6006
- Wright Centre (Families affected ag 7-13) 416-927-1202 ext. 3010
- Across Boundaries (16-24) 416-640-1934
- CAMH SAPACCY (African Heritage 13-24) 416-535-8501 ext. 6767
- Hospice Toronto Young Carers program (Families Affected 5 – 18)
- T.A. Patterson & Associates Inc. - Toronto Youth (Probation Affected) 905-546-0775
- YMCA Youth Substance Abuse Program (YSAP) – Toronto 3 locations 416-603-6366
- John Howard Society of Toronto Addiction Program(male) 18+ 416-925-4386 ext. 226
- Salvation Army Homestead - Toronto (women-former inpt. Clients) 416-921-0953
- Anishnawbe Health Toronto - Vaughan Road (Aboriginal) 416-657-0379
- Street Haven at the Crossroads (female 18+) 416-967-0133 ext. 29
- Jean Tweed Centre- Pregnant and Parenting 416-476-7868
- 416 Community Support for Women – 16 + 416-964-6936
- Community Mental Health Scarborough Hospital 18+ 416-431-8248
- Breakaway Addiction Services - Strickland Avenue Site 416-234-1942
- Pieces 2 Pathways- LGBTQ+ youth 16-29 416-537-2598 (fax)
- Toronto Western Hospital 18+ 416-603-5735 Acupuncture/addictions 416-603-5776
- St. Stephens Corner Drop-In and L. L. Odette Place – 16+ 416-964-8747 ext. 2226
- Humber River Regional Hospital – Wilson Ave 16+ 416-658-2029
- Centre for Addiction and Mental Health (CAMH) concurrent 416-535-8501 ext. 2
- CAMH Eating disorders and addiction 18+ 416-595-6166 ext. 36482
- Woman's Own Withdrawal Management Centre 16+ 416-603-1462
- East Metro Youth Services - Markham Road 416-438-3697 ext. 248
- Addiction Services for York Region (ASYR) - Markham 905-841-7007 ext. 322
- Caritas School of Life - Vaughan 16+ 416-748-9988
- Etobicoke General Hospital 16+ 416-747-3400 ext. 32495
- Punjabi Community Health Services - Mississauga 16+ 905-677-0889
- Peel Addiction Assessment and Referral Centre (PAARC) 905-629-1007 ext. 22
- Pinewood Centre – Durham region 12-18 905-683-5950
- Credit Valley Hospital – Addictions/Concurrent Disorders 19+ 905-813-4402
- Alcohol, Drug and Gambling Assessment, Prevention and Treatment Services (ADAPT) – Oakville
16-24 905-639-6537 ext. 0
- The Royal Ottawa Mental Health Centre; Regional Opioid Intervention Service (16+)
613-722-6521 ext.6224