



AGENDA

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Let's hear
from you!



The **Centre for Addiction and Mental Health (CAMH)** is the largest mental health hospital in Canada, and a world leader in mental health and addiction research.

The **Provincial System Support Program (PSSP)** at CAMH works with communities, service providers and other partners across Ontario to move evidence to action to create sustainable, system-level change.



We connect people with evidence.

Evidence Exchange Network is helping to create a more collaborative and evidence-informed mental health, addictions, and substance use system that meets the needs of all Ontarians.

Join the Network

Visit us at eenet.ca

Shkaabe Makwa plays a key role in connecting with First Nations, Inuit and Métis communities and service providers across the province of Ontario, collaborating with many programs across CAMH to develop and deliver training, coordinate knowledge exchange events and webinars, serve as a resource for research projects, and support Indigenous engagement for programs and initiatives at CAMH.

The **Institute for Mental Health Policy Research (IMHPR)** conducts collaborative research on communities, populations, health systems, and global health. Our work also involves developing and evaluating prevention and intervention initiatives.





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Setting the context

Traditional Healing Practices

- Colonization and the loss of traditional beliefs, knowledge, and practices such as traditional healing practices (THPs).
- THPs connect Aboriginal people with their culture and restore the sense of cultural identity and community connectedness.
- Understanding the use of THPs will help support cultural continuity and choices Aboriginal people make in health care.
- Inconsistent findings from other studies on the use of THPs



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About the study

Study Methods

Mental Health and Well-Being (MHWB) web-based survey

Measures:

- mental health / substance use
- aggression and service use
- historical loss
- unresolved grief
- attendance at and impact of residential and Indian day schools
- social capital
- use of traditional medicines and traditional healing



Questions regarding use of Traditional Healing Practices

The following questions were asked of participants:

- “Do you use traditional medicines?”
- “Do you use traditional healers?”
- “Have any of the following issues influenced your decision about using traditional healing practices generally, including both medicines and healers?”

