

EENet Webinar

Resources



Relation between place of residence and postpartum depression

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Websites

Resources for New Moms: <http://www.womenshealthmatters.ca/health-resources/mental-health/perinatal-mental-health/mother-matters/resources-for-new-moms/>(via Women's College Hospital)

MOTHERISK

This website offers extensive information for pregnant women and new mothers.

www.motherisk.com

Postpartum Support International

This website offers support, information and resources to women suffering from perinatal mood and anxiety disorders. This site offers an online support group, an “ask the expert” section, and plenty of resources for new moms.

<http://www.postpartum.net/Default.asp>

Canadian Moms Online

This website offers resources across Canada. You can find information on parenting, relationships, mommy time, homemaking, hobbies, health, well-being and many other things that will help you find balance and joy in your life as a mom.

<http://canadianmomsonline.ca>

Postpartum depression: A Primer:

http://www.cma.ca/multimedia/CMA/Content/Images/Inside_cma/WhatWePublish/LeadershipSeries/

[english/pg39WH.pdf](http://www.cma.ca/multimedia/CMA/Content/Images/Inside_cma/WhatWePublish/LeadershipSeries/english/pg39WH.pdf)

Book

Ross, L.E., Dennis, C.-L., Robertson-Blackmore, E., & Stewart, D.E. (2005). *Postpartum depression: A guide for front-line health and social service providers*. Toronto: Centre for Addiction & Mental Health.

Resources regarding sexual minority women (lesbian/bisexual/queer) and mental health

<http://onlinelibrary.wiley.com/doi/10.1016/j.jmwh.2005.08.002/full>

http://www.tandfonline.com/doi/abs/10.1300/J013v41n03_07#.UoPUXA3uSo

<http://link.springer.com/article/10.1007%2Fs00737-007-0168-x>

<http://www.tandfonline.com/doi/abs/10.1080/03630240802134225#.UoPUnHA3uSo>

Research Resources

Vigod, S.N., Tarasoff, L.A., Bryja, B., Dennis, C.-L., Yudin, M.H., & Ross, L.E. (2013). Relation between place of residence and postpartum depression. *Canadian Medical Association Journal*:

<http://www.cmaj.ca/content/early/2013/08/06/cmaj.12202>

EENet Research Snapshot: <http://eenet.ca/wp-content/uploads/2013/10/snapshot-Vigod-and-Ross.pdf>

Ross, L.E., Villegas, L., Dennis, C.-L., Bourgeault, I.-V., Cairney, J., Grigoriadis, S., Steele, L.S., & Yudin, M.H. (2011). Rural residence and risk for perinatal depression: A Canadian pilot study. *Archives of Women's Mental Health*, 14 (3), 175-185.

Dennis, C.-L., Heaman, M., & Vigod, S.N. (2012). Epidemiology of postpartum depressive symptoms among Canadian women: Regional and national results from a cross-sectional survey. *Canadian Journal of Psychiatry*, 57(9), 537-546.

Chalmers, B., Dzakpasu, S., Heaman, M., Kaczorowski, J.; Maternity Experiences Study Group of the Canadian Perinatal Surveillance System, Public Health Agency of Canada. (2008). The Canadian Maternity Experiences Survey: An Overview of Findings. *JOGC*:

http://www.jogc.com/abstracts/full/200803_Obstetrics_2.pdf

Dzakpasu, S., Kaczorowski, J., Chalmers, B., Heaman, M., Duggan, J., Neusy, E.; Maternity Experiences Study Group of the Canadian Perinatal Surveillance System, Public Health Agency of Canada. (2008). The Canadian Maternity Experiences Survey: Design and Methods. *JOGC*:

http://www.jogc.com/abstracts/full/200803_Obstetrics_3.pdf

Dzakpasu, S., Chalmers, B.; Maternity Experiences Study Group of the Canadian Perinatal Surveillance System, Health Canada. (2005). Canadian maternity experiences survey pilot study. *Birth*, 32(1), 34-38.

Dataset: MES (Maternity Experiences Survey), Canadian Research Data Centre Network (list of publications and theses that used the MES): <http://www.rdc-cdr.ca/category/dataset/mes-maternity-experiences-survey>