

Local Health Integration Network (LHIN) Dialogue Report Back

This report back highlights the diverse evidence needs prioritized by participants at the Sharing Together LHIN dialogue held on March 30, 2017. Eight Sharing Together dialogues were held across the province from January to April 2017, and individual high level report backs have been created to share back what we heard from participants at each dialogue.

Through Sharing Together, EENet aims to co-create an evidence priority agenda that reflects regional and provincial mental health, substance use and addictions evidence needs, and includes diverse stakeholder perspectives. EENet and partners will use this co-created evidence priority agenda to shape the types of evidence we make available and accessible to stakeholders in Ontario.

By addressing evidence needs, we hope Sharing Together will contribute to a more evidence-informed and connected system, leading to better experience and quality of care, and overall health and wellbeing, for all Ontarians.

At this dialogue, over 14 participants attended and represented various roles and locations across the LHINS, including Mental Health and Addictions Leads, Aboriginal Officer, Health integration Manager, Indigenous Engagement Specialist, and Planners.



"Yes, as the discussion is relevant to our LHIN objectives and work plan."

Dialogue participant

"This was a great session, and valuable use of time given that the report comes out in a timely manner."

Dialogue participant

"Probably one of the best webinars I've been to, in the sense of all the different tools you utilized. The interaction and feedback was excellent!"

Dialogue participant

The three general evidence themes were selected by participants prior to attending the dialogue for discussion. At the dialogues, participants then discussed and prioritized specific evidence needs related to each theme. Listed on the next page are the top evidence needs in order of prioritization.



Access to services

- Best practices that use a **community-based and health equity lens** to enhance system accessibility.
- **Effectiveness of virtual care** to enhance access.
- **Improve access to care in rural and remote areas:**
 - Develop services for Indigenous populations that are culturally safe, reflect traditional practices, and are trauma-informed; and
 - Effective capacity building for service providers.
- **Collect and analyze demographic data across Ontario** in order to better match clients to appropriate services.
- **Support the implementation of structured psychotherapy:**
 - Identify how structured psychotherapy is accessed;
 - Develop guiding documents; and
 - Identify the skills and competencies required for service providers.



Standardized care

- Strategies for **waitlist management**.
- Support the **development of clinical, patient and family guides for Health Quality of Ontario's standards of care**, as well as the implementation across Ontario.
- Assess **who is using standardized screening and assessment tools and develop service provider capacity** to use tools more effectively in different settings (for example, primary care).
- **Identify the factors** that make standardized care effective, efficient, and appropriate, as well as how standardized care may impact person-centred care.
- **More information on different care pathways** (for example, acute care to community or primary care to specialty).



Children and youth, including transition-age youth

- **Optimal pathways and effective service models for youth with mental health and addiction issues**, including formal processes, tools, and structures.
- Develop a guide for adult service providers on **how to support families during the youth's transition between the youth sector and the adult sector**.
- Approaches to **support service providers working with youth who use opioids**.
- **Access pathways for youth with moderate/severe mental health concerns** and how inter-professional teams (including primary care) can support youth to prevent emergency room visits.
- How to best **support vulnerable youth**, particularly related to suicide prevention in northern communities.

Next steps

We will extend participation in the Sharing Together process through an online survey to stakeholders across Ontario. Following that, we will analyze provincial trends to develop the evidence priority agenda for Ontario's mental health, substance use, and addictions system. The final step will be to disseminate the agenda to support knowledge exchange activities across Ontario. EENet will also collaborate with partners to respond to the evidence needs identified.

Resources have already been posted on the [Sharing Together webpage!](#)

Stay tuned as we gather more evidence and if you have relevant resources, share with us!