

Ottawa Dialogue Report Back

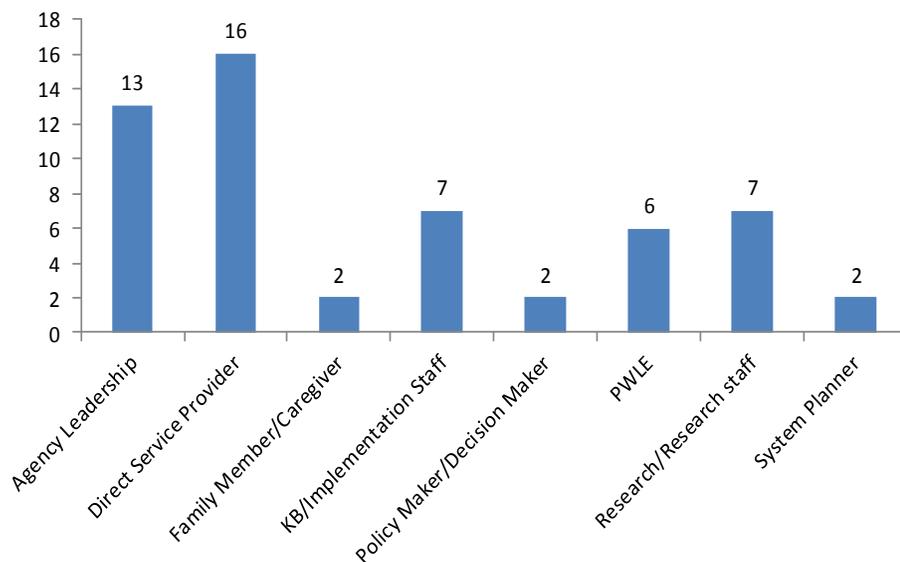
This report back highlights the diverse evidence needs prioritized by participants at the Sharing Together Ottawa dialogue held on February 10, 2017. Eight Sharing Together dialogues were held across the province from January to April 2017, and individual high level report backs have been created to share back what we heard from participants at each dialogue.



Through Sharing Together, EENet aims to co-create an evidence priority agenda that reflects regional and provincial mental health, substance use and addictions evidence needs, and includes diverse stakeholder perspectives. EENet and partners will use this co-created evidence priority agenda to shape the types of evidence we make available and accessible to stakeholders in Ontario. By addressing evidence needs, we hope Sharing Together will contribute to a more evidence-informed and connected system, leading to better experience and quality of care, and overall health and wellbeing, for all Ontarians.

At this dialogue, about 41 participants attended and indicated they either have lived experience or have worked with various diverse populations, including people who have experienced homelessness, low income, children and youth, women, LGBTQ (Lesbian Gay, Bisexual, Trans and Queer), people living with disabilities, older adults, First Nations, Inuit and Métis, ethnoracial communities, Francophones, religious/faith communities, and linguistic communities. Attendees mainly represented urban areas, but some represented rural, remote and other areas. Below is a breakdown of attendees by stakeholder group and sector.

1. Which stakeholder group do you best represent? (Participants selected all that apply)

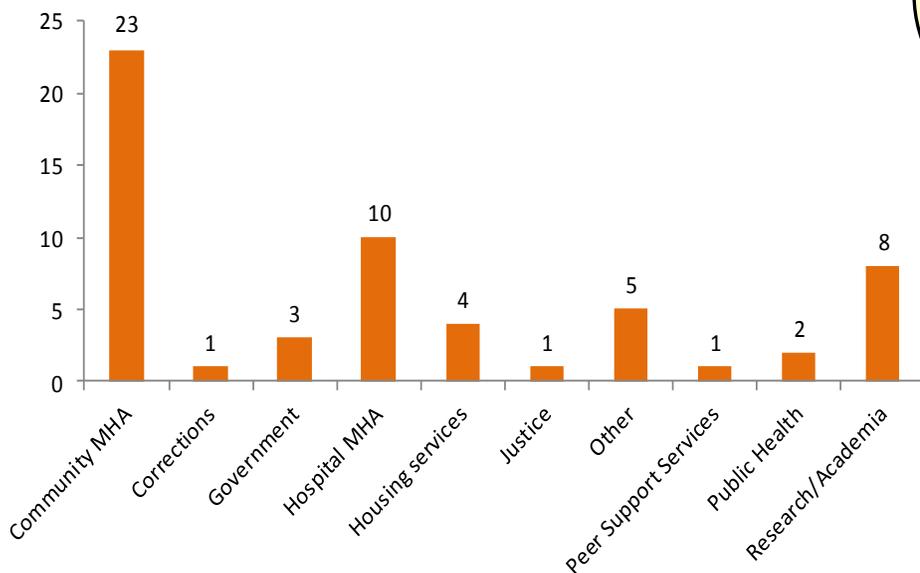


"I'm encouraged to know that priorities are being examined, will share with coworkers."
Dialogue participant

"I was inspired to find research and [illegible] solutions resources. I will be joining EENet! I believe I have new insight and vocabulary to share at work."
Dialogue participant

"Easy format to share our thoughts and respect of each others opinion."
Dialogue participant

2. What sector do you work in (Participants selected all that apply)



The top three evidence themes were selected by participants prior to attending the dialogue for discussion. At the dialogues, participants then discussed and prioritized specific evidence needs related to each theme. Listed below are the top evidence needs in order of prioritization.



Supporting the voice of persons with lived experience and caregivers

- **Build capacity of persons with lived experience** to be involved in system-level conversations.
- How to **create environments for meaningful engagement** and best practices to support service users, families, and caregivers to be involved in research, program design, and policy making.
- Models of **community-based research that effectively inform policy making**, including those that include peer researchers.
- Increase awareness about the **different paths to recovery** for mental health, substance use and addictions issues.
- Collect **feedback from families and caregivers about their perceptions of care**.



Prevention and promotion, including suicide prevention

- **Capacity building in mental health promotion, prevention, and early identification** for service providers, particularly in community-based settings, schools, and primary care settings.
- **Demonstrate the return on investment** for promotion, prevention, and early intervention programs.
- **Coordinated mental health and addictions prevention and promotion strategies**, across the lifespan.
- Identify factors related to **increasing resilience in marginalized seeking populations**, such as Indigenous and Lesbian, Gay, Bisexual, Trans and Queer (LGBTQ) communities.
- Impact of current **prevention and promotion campaigns** on changing behavior.



Integrated health care delivery

- Determine **which services should be integrated to improve service user outcomes**, across the lifespan.
- Regional, provincial, and national approaches for **developing integrated service hubs**.
- Define the **core elements of integrated health services and how to best implement and evaluate** integrated services.
- How **integrated referral systems** work and in what settings they are most effective.
- **Improve transitions and pathways between services** and how to adapt these pathways for different communities.

Next steps

We will extend participation in the Sharing Together process through an online survey to stakeholders across Ontario. Following that, we will analyze provincial trends to develop the evidence priority agenda for Ontario's mental health, substance use, and addictions system. The final step will be to disseminate the agenda to support knowledge exchange activities across Ontario. EENet will also collaborate with partners to respond to the evidence needs identified.

Resources have already been posted on the [Sharing Together webpage!](#)

Stay tuned as we gather more evidence and if you have relevant resources, share with us!